TITLE 77 - JAIL STANDARDS BOARD

- CHAPTER 9 STANDARDS FOR COMMUNITY RESIDENTIAL FACILITIES HEALTH SERVICES
 - 001 It is the policy of the State of Nebraska that all community residential facilities shall provide all inmates with a healthful environment and access to adequate medical and dental care. All facilities shall provide access to medical services and maintain levels of sanitation and personal hygiene which are consistent with the Standards established herein.
 - <u>002</u> <u>Health Services</u>. The facility has written policies and procedures, approved by the facility medical authority governing all aspects of health services and shall include, at a minimum, the following general provisions:
 - <u>002.01</u> <u>Health Authority</u>. The facility has a designated health authority with responsibility for health care pursuant to a written agreement, contract, policies or job description. The health authority may be a physician, health administrator, health agency or the medical director of the parent agency.
 - 002.02 Health Authority Staffing. If the facility provides medical treatment on-site, personnel who provide health care services to inmates are qualified. Duties and responsibilities of such personnel are governed by written job descriptions approved by the health authority. Verified credentials and job descriptions are on file at the facility. Appropriate state and federal licensure, certification or registration requirements and restrictions apply.
 - $\underline{002.03}$ Medical Orders. If the facility provides medical treatment on-site by a nurse, such treatment is performed pursuant to written standing or direct orders by personnel authorized by law to give such orders.
 - <u>002.04</u> <u>Observation of Inmates</u>. The facility administrator shall make provisions for the collection and review of inmate medical requests and to insure that these are transmitted to the medical authority. If there are indications of an illness, injury or

- communicable disease, the facility administrator shall insure that the proper medical attention is provided as soon as possible.
- 002.05 Records. If medical treatment is provided at the facility, accurate health records for inmates are maintained separately and confidentially. The method of recording entries in the records and the procedures for the maintenance and retention are approved by the health authority.
- <u>002.06</u> <u>Transfers</u>. If health care is provided at the facility for inmates being transferred to other facilities, summaries or copies of the medical history record are forwarded to the receiving facility prior to or at arrival.
- <u>002.07</u> <u>Medication</u>. Policy and procedure direct the possession and use of prescribed medications, supplies and over-the-counter drugs.
 - $\underline{002.07A}$ Prescribed medications are administered according to the directions of the prescribing physician.
 - $\underline{002.07B}$ If medications are distributed by facility staff, records are maintained and audited monthly that includes the date, time and name of the inmate receiving the medication and the name of the staff distributing it.
 - <u>002.07C</u> Prescribed drugs administered to the inmate shall be taken in view of the dispensing facility employee to prevent misuse.
 - $\underline{002.07D}$ The utmost care shall be used in dispensing non-prescription medication.
 - $\underline{002.07E}$ The facility administrator shall establish procedures and provide space for the secure storage and controlled administration of all medicines and drugs.
- <u>002.08</u> <u>First-aid Supplies and Training</u>. First aid kits are available in designated areas of the facility. Contents and locations are approved by the health authority. First aid training and instruction shall be made available to all facility employees.

- 002.09 Physical Fitness. It is the responsibility of the facility administrator to determine that each inmate is physically fit to perform work duties assigned. Inmates who have received medical attention by a physician or dentist shall not be required to work until approval is given by the attending medical authority or qualified medical employee.
- <u>002.10</u> <u>Suicide Prevention</u>. There is a written suicide prevention and intervention program that is reviewed and approved by a qualified medical or mental health professional. All staff with inmate supervision responsibilities are trained in the implementation of the suicide prevention program.
- 002.11 <u>Health Education</u>. Health education is provided to inmates, health education includes information on facility medical services, immunizations, personal hygiene, dental hygiene, nutrition, venereal disease, HIV and AIDS, tuberculosis, hepatitis, and other communicable diseases.
- <u>002.12</u> Extraordinary Events. Authorities having jurisdiction are promptly notified of an inmate's death.
 - $\underline{002.12A}$ Procedures specify and govern the actions to be taken and the reports to be completed in the event of the death of an inmate.
 - $\underline{002.12B}$ The next of kin shall be notified immediately by the facility administrator in the event of a death or serious illness or injury of an inmate.
- <u>002.13</u> Emergency Treatment. Twenty-four hour emergency medical and mental health care is provided for inmates, which includes arrangements for the following;
 - 002.13A On-site emergency first aid and crisis
 intervention;
 - 002.13B Emergency transfer of the inmate from the
 facility;

- 002.13C Use of an emergency medical vehicle;
- 002.13D Use of one or more hospital emergency
 rooms or other appropriate health facilities;
- <u>002.13E</u> Security procedures for the immediate transfer of inmates when appropriate.
- $\underline{002.13F}$ to contact the proper judicial authority to request the discharge of the inmate from custody.
- 002.14 Availability of Medical Authority Data. Each facility administrator shall ensure that the names, addresses, and telephone numbers of medical and dental authorities are readily available to facility employees at all times.
- <u>002.15</u> <u>Personal Physicians</u>. An inmate may make arrangements to retain the services of their own physician or dentist concerning their medical care.
- <u>003</u> <u>Sanitation and Hygiene</u>. All community residential facilities shall maintain acceptable levels of facility sanitation and provide inmates access to proper hygienic materials and services.
 - <u>003.01</u> <u>Sanitation/Health Codes</u>. The facility complies with the environmental sanitation and health codes of the local county health department and is periodically inspected by a qualified agency. Inspections and any subsequent corrective action taken is documented.
 - <u>003.02</u> <u>Facility/Housekeeping</u>. The Facility is clean and in good repair, and a housekeeping and maintenance plan is in effect.
 - <u>003.02A</u> Sanitation and safety inspections are conducted by staff weekly and documented.
 - <u>003.02B</u> Inspection results are recorded reviewed and deficiencies are corrected.
 - <u>003.03</u> <u>Parasite Control</u>. Vermin and pest are controlled.
 - 003.04 Waste Disposal. Waste material is disposed of

properly in accordance with an approved plan by the appropriate regulatory agency.

- 003.05 Inmate Personal Hygiene. Inmates maintain acceptable personal hygiene practices. Articles necessary for maintaining proper personal hygiene are provided or are readily available to inmates. Articles include the following:
 - 003.05A A hot shower or bath daily,
 - 003.05B Toilet paper,
 - 003.05C Soap, shampoo, toothpaste, toothbrush,
 comb,
 - <u>003.05D</u> Appropriate personal hygiene items for female inmates.
- <u>003.06</u> <u>Linens and Bedding</u>. Inmates have suitable clean bedding and linen that includes:
 - <u>003.06A</u> A bed and one (1) clean, firm, fire retardant mattress;
 - 003.06B Two (2) clean sheets or mattress cover;
 - 003.06C One (1) clean bath-size towel;
 - 003.06D One (1) pillow and pillow case;
 - <u>003.06E</u> Sufficient, clean blankets to provide comfort under existing temperature conditions.
 - 003.06F Laundry. Inmates have access to laundry facilities or clean bed linen shall be furnished at least once a week. Blankets shall be laundered at least once each month. Towels and wash cloths may be exchanged or laundered upon inmate request, but at least weekly.